



## Purine receptor mediated actin cytoskeleton remodeling of human fibroblasts

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### ABSTRACT

Earlier studies have shown that activation of adenosine A1 receptors on peripheral pain fibers contributes to acupuncture-induced suppression of painful input. In addition to adenosine, acupuncture triggers the release of other purines, including ATP and ADP that may bind to purine receptors on nearby fibroblasts. We here show that purine agonists trigger increase in cytosolic Ca<sup>2+</sup> signaling in a cultured human fibroblasts cell line. The profile of agonist-induced Ca<sup>2+</sup> increases indicates that the cells express functional P2yR2 and P2yR4 receptors, as well as P2yR1 and P2xR7 receptors. Unexpectedly, purine-induced Ca<sup>2+</sup> signaling was associated with a remodeling of the actin cytoskeleton. ATP induced a transient loss in F-actin stress fiber. The changes of actin cytoskeleton occurred slowly and peaked at 10 min after agonist exposure. Inhibition of ATP-induced increases in Ca<sup>2+</sup> by cyclopiazonic acid blocked receptor-mediated cytoskeleton remodeling. The Ca<sup>2+</sup> ionophore failed to induce cytoskeletal remodeling despite triggering robust increases in cytosolic Ca<sup>2+</sup>. These observations indicate that purine signaling induces transient changes in fibroblast cytoarchitecture that could be related to the beneficial effects of acupuncture.

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### 1. Introduction

Emerging evidence suggests that adenosine released during manual acupuncture needle stimulation binds to adenosine A1 receptors expressed by peripheral pain fibers, which locally suppresses the transmission of painful input. ATP is present in millimolar concentration within the cytosol of all cell types and increases extracellularly as it leaks out when the plasma membrane is damaged during the mild tissue injury associated with acupuncture [1,2]. Alternatively, or in addition, ATP can be actively released by local cells [3]. HPLC analysis of microdialysis samples collected near the location of the needle has shown that the concentrations of all purines are increased in tissue close to the stimulated area in human volunteers receiving traditional acupuncture [4]. Potent ectonucleotidases present in the interstitial space degrade ATP to adenosine 5'-diphosphate (ADP), adenosine 5'-monophosphate (AMP), and adenosine, each of which has their own respective sets of receptors [5]. In particular the adenosine A1 receptor has been shown to suppress the conductance of painful input by

activating A1 receptors on peripheral pain fibers [6–9]. In support of a key role of A1 receptors in the peripheral mechanisms by which acupuncture reduces chronic pain is the observation that A1 receptor knockout mice do not benefit from acupuncture or from local injection of adenosine A1 receptor agonists [1].

Another line of work conducted in parallel has shown that fibroblasts within whole areolar connective tissue expand and develop larger cross-sectional areas in response to acupuncture [10,11]. We here thought to combine these lines of work by asking whether purines released during acupuncture elicit structural changes in fibroblasts by activating P2 purinergic receptors (Fig. 1A). We found that several purinergic receptor agonists induced a transient remodeling of the actin cytoskeleton of cultured fibroblasts, detected as a transient loss of stress fibers. These structural changes of the cytoarchitecture of cultured fibroblasts share similarities with the increase in cross-sectional area of fibroblasts in situ, in response to acupuncture.

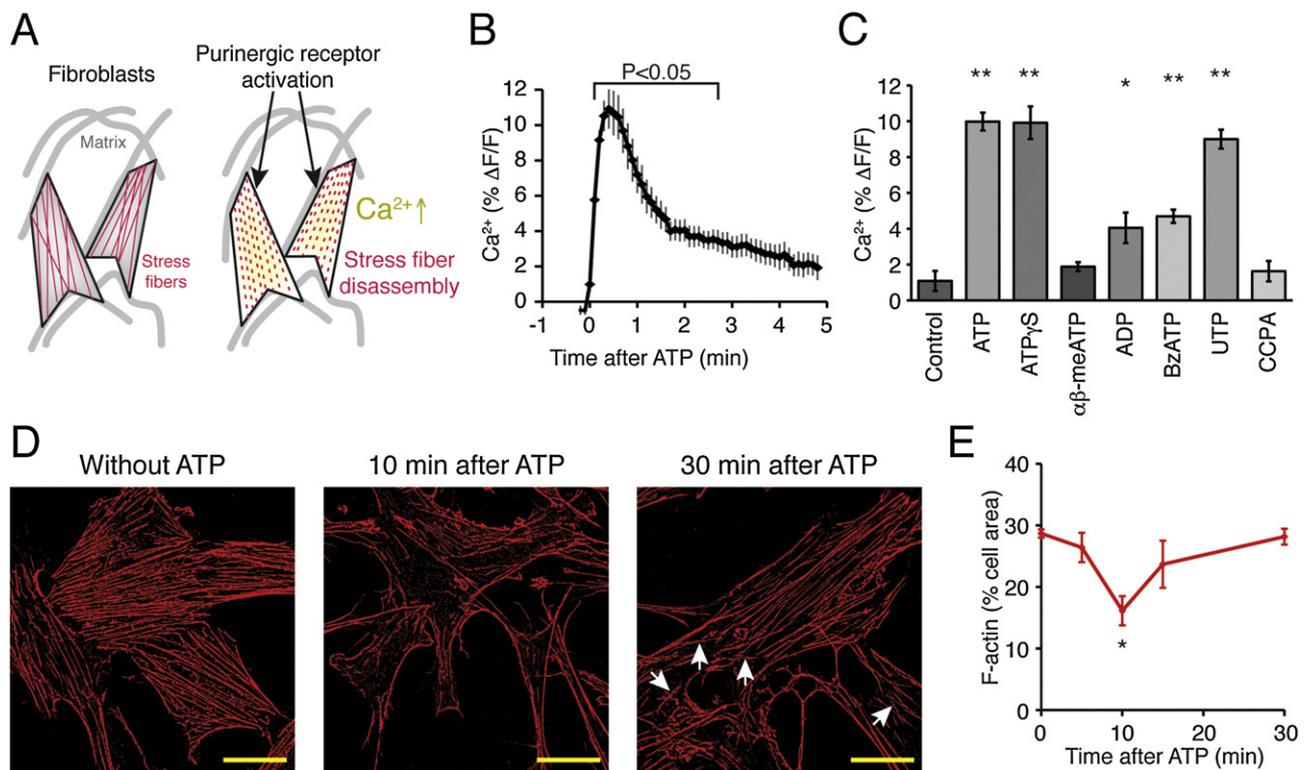
### 2. Methods

#### 2.1. Cell culture and calcium measurement

Human foreskin fibroblast BJ cells were obtained from American Type Culture Collection (ATCC, CRL-2522) and grown in Eagle's Minimum Essential Medium (EMEM; ATCC #30-2003) with 10% fetal bovine serum (Hyclone, #SH3007103) [12]. Cells

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**Fig. 1.** Fibroblasts respond to purinergic agonists with intracellular Ca<sup>2+</sup> increase consistent with expression of P2yR2, P2yR4, P2yR1, and P2xR7. (A) Experimental model. Fibroblast cells express purinergic receptors and their activation triggers intracellular Ca<sup>2+</sup> signaling. Consequently, disassembly of polymerized actin, manifested as a transient loss of stress fibers. The stress fibers are eventually re-assembled. (B) Ca<sup>2+</sup> increase by ATP (100 μM) application. *N* = 8, repeated measures ANOVA with Dunnett test compared to 0 min. (C) Responses of fibroblast Ca<sup>2+</sup> by purinergic agonists, ATP (100 μM), ATPγS (100 μM), αβ-meATP (100 μM), ADP (100 μM), BzATP (10 μM), UTP (100 μM), and CCPA (10 μM). *N* = 6–7. \**p* < 0.05, \*\**p* < 0.01, ANOVA with Tukey–Kramer test compared to control. (D) Purinergic stimulation initiates temporal stress fiber rearrangement. F-actins of the fibroblasts stained with phalloidin (red) before, 10 min after, and 30 min after application of ATP (100 μM). White arrows indicate F-actins that are not along the primary axis of the cells. Scale bars, 30 μm. (E) Summary histograms of actin disassembly over time by ATP (100 μM). *N* = 4–8. \**p* < 0.05, ANOVA with Tukey–Kramer test compared to 0 min.

were plated at 5000–10,000 cells/well to 8-chamber cover glass (Labtek II, Nunc) coated with 0.01% poly-L-ornithine (Sigma P4957) and 5 μg/ml laminine (BD Biosciences, #354232) and grown for 48–72 h, with 60–80% confluency. The cultured cells were loaded with the Ca<sup>2+</sup> indicator rhod-2 AM (Life Technologies, 2 μM, 60 min) in serum-free EMEM. Purinergic receptor agonist ATP (Sigma), adenosine-5′-(γ-thio)-triphosphate (ATPγS, Sigma) uridine 5′-triphosphate (UTP, Sigma), ADP (Sigma), 2′(3′)-O-(4-Benzoylbenzoyl)adenosine-5′-triphosphate (BzATP, Sigma), alpha,beta-methylene-ATP (αβ-meATP, Sigma) or 2-chloro-N(6)-cyclopentyladenosine (CCPA, Tocris) were applied to the cells while imaging rhod-2 fluorescence with 543 nm excitation laser and 560 nm long pass emission filter using a confocal microscope with 10× objective lens (FV-300, Olympus) every 3–6 s [13–15]. Cyclopiazonic acid (CPA, 20 μM, Sigma) was applied to the cells 10–30 min prior to the agonist application.

## 2.2. Cytoskeleton measurement

Cells in the chambers were fixed with 4% paraformaldehyde for 10 min in room temperature after the exposure to the agonists for 0, 5, 15, or 30 min. Actin fibers were labeled with Alexa Fluor 594-conjugated phalloidin (Life Technologies, 5 U/ml) according to the manufacturer's procedure, and imaged with 543 nm excitation laser and 560 nm long pass emission filter using a confocal microscope with 60× objective lens [16]. The images were analyzed by ImageJ software (NIH) by measuring area stained with phalloidin, and the data from each image were expressed as the percent of area covered by the cells in the field of view.

## 2.3. Statistics

All data were expressed as means ± standard errors of the mean. Normality of the data was verified by Shapiro–Wilk test. Statistical comparison tests were carried out with *t* tests for 2 sample comparisons, and ANOVA with Tukey–Kramer or Dunnett post hoc tests for multiple comparisons. *p*-Values less than 0.05 were considered significantly different.

## 3. Results

### 3.1. Fibroblasts express functional purinergic receptors

We first analyzed the functional expression of purine receptors on the cultured fibroblasts. ATP consistently evoked increases in cytosolic Ca<sup>2+</sup>, albeit of low amplitude. The max peak was around  $9.98 \pm 0.50\%$  of baseline fluorescence (*N* = 7, *p* < 0.01, Tukey–Kramer test) (Fig. 1B and C). The agonist-induced Ca<sup>2+</sup> response peaked at 30–50 s and cytosolic Ca<sup>2+</sup> returned to near baseline at 2.8 min (*N* = 8, *p* > 0.05, Repeated measures one way ANOVA with Dunnett test) (Fig. 1B). To determine the functional expression of purine receptor, rhod-2 AM-loaded cells were next exposed to an array of purine agonists. This analysis showed that the fibroblasts displayed robust increases in cytosolic Ca<sup>2+</sup> when exposed to non-hydrolyzable ATP analog ATPγS (100 μM,  $9.91 \pm 0.91\%$ , *N* = 7, *p* < 0.01) and UTP (100 μM,  $9.00 \pm 0.53\%$ , *N* = 6, *p* < 0.01), and more modest increases in cytosolic Ca<sup>2+</sup> to ADP (100 μM,  $4.05 \pm 0.85\%$ , *N* = 6, *p* < 0.05) and BzATP (10 μM,  $4.69 \pm 0.37\%$ , *N* = 6, *p* < 0.01) (Fig. 1C). On the other hand, αβ-meATP (100 μM) failed to induce

a significant increase ( $1.88 \pm 0.25\%$ ,  $N=6$ ,  $p > 0.05$ ) (Fig. 1C). This pattern of in  $\text{Ca}^{2+}$  responses suggest that fibroblasts express functional P2yR2 and P2yR4 (UTP), P2yR1 (ADP), P2xR7 (BzATP), but not P2xR1 or P2xR4 ( $\alpha\beta$ -meATP). This pattern of receptor expression is consistent with earlier reports describing that fibroblasts of various origin express P2 receptors [17–20]. Adenosine A1 receptor agonist CCPA (10  $\mu\text{M}$ ) did not induce a  $\text{Ca}^{2+}$  increase ( $1.63 \pm 0.57\%$ ,  $N=7$ ,  $p > 0.05$ ) (Fig. 1C) [1].

### 3.2. Purinergic activation induces transient cytoskeleton rearrangement

We next asked whether purinergic receptor activation is associated with changes in the cytoarchitecture of cultured fibroblasts. Phalloidin staining of actin showed that the polymerized actin cytoskeleton was organized into classical stress fibers (Fig. 1D). The phalloidin labeling indicated that the stress fibers were organized in evenly distributed parallel bundles that were oriented in one direction within the individual cells (Fig. 1D). Upon exposure to ATP (100  $\mu\text{M}$ ), the classical stress fibers underwent a partial disassembly, detected as a decrease in the intensity of phalloidin staining of F-actin of parallel stress fibers (Fig. 1D). The disassembly was quantified by measuring the area occupied by F-actin within the cells. F-actin initially occupied  $28.7 \pm 0.7\%$  of the cells, which decreased to  $16.1 \pm 2.4\%$  at 10 min after the application of ATP ( $N=5-7$ ,  $p < 0.05$ , repeated measures one way ANOVA with Tukey–Kramer test) (Fig. 1E). This partial disassembly of the cytoskeleton was followed by a relatively rapid restoration of stress fibers: At 30 min F-actin rose back to the initial levels ( $28.2 \pm 1.3\%$ ,  $N=4$ ,  $p > 0.05$ ), providing additional evidence for a transient disassembly of stress fibers in fibroblast in response to purine receptor activation (Fig. 1E). Although the coverage of stress fibers returned to pre-stimulation values within 15–30 min after agonist exposure, in most cells the F-actin fibers were less strictly organized into evenly distributed, parallel oriented stress fibers. Post-agonist recovered stress fibers typically displayed F-actin fibers running in other directions than along primary axis of the cell (Fig. 1D, arrows).

### 3.3. Cytoskeleton rearrangement requires $\text{Ca}^{2+}$ mobilization and purinergic activation

As cytoskeletal rearrangement of fibroblasts has been shown to be induced by mechanical stimulation of acupuncture needles *in vivo* [21], we next assessed the roles of the molecular components by asking whether purine-induced disassembly of the cytoskeleton was a  $\text{Ca}^{2+}$  dependent process. Preloading with the inhibitor of  $\text{Ca}^{2+}$ -ATPase pump in intracellular  $\text{Ca}^{2+}$  storage, CPA (20  $\mu\text{M}$ ) [22] effectively blocked  $\text{Ca}^{2+}$  increases in the cultured fibroblast ( $-0.88 \pm 0.84\%$ ,  $N=6$ ,  $p > 0.05$ , one way ANOVA with Tukey–Kramer test) (Fig. 2A). ATP-induced stress fiber disassembly was also eliminated (Fig. 2B). The amounts of F-actin were unchanged by ATP application ( $33.5 \pm 1.3\%$ ,  $N=6$ ,  $p > 0.05$ , *t* test) (Fig. 2C). This observation indicates that an increase in intracellular  $\text{Ca}^{2+}$  was critical for ATP-induced stress fiber disassembly. CPA loading alone had no effect on cytoskeleton organization ( $32.3 \pm 1.6\%$ ,  $N=6$ ,  $p > 0.05$ , *t* test) (Fig. 2B and C). We next asked whether increases in cytosolic  $\text{Ca}^{2+}$  in the absence of agonist stimulation were sufficient to evoke a disassembly of F-actin stress fibers. To our surprise the  $\text{Ca}^{2+}$  ionophore A-23187 (0.01, 0.1, and 1  $\mu\text{M}$ , Sigma) [22] had no effect on F-actin organization ( $N=11$ ,  $p > 0.5$ , one way ANOVA) despite triggering robust and long-lasting increases in cytosolic  $\text{Ca}^{2+}$  ( $N=7$ ,  $p < 0.05$ , one way ANOVA with Tukey–Kramer test) (Fig. 2D–F). Adenosine A1 receptor stimulation by CCPA (10  $\mu\text{M}$ ) did not result in stress fiber disassembly ( $N=8$ ,  $p > 0.05$ , *t* test compared to vehicle control at 10 min) (Fig. 2G). Combined, these observations suggest that purine receptor stimulated increases in cytosolic  $\text{Ca}^{2+}$  is

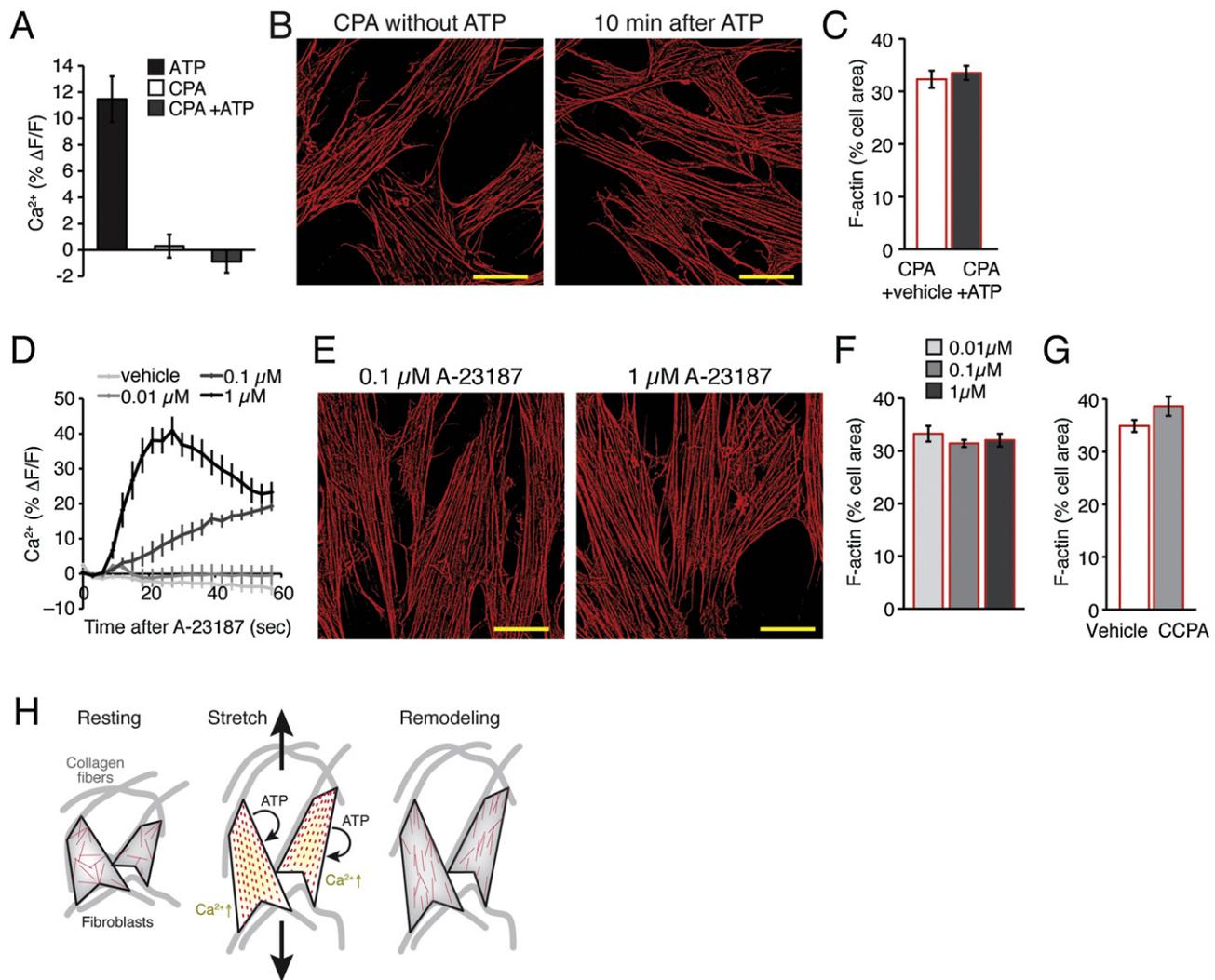
required for reorganization of the actin cytoskeleton in cultured fibroblasts.

## 4. Discussion

This study showed that several purine agonists, including ATP, ADP, UTP and the P2X7 receptor agonist BzATP induced  $\text{Ca}^{2+}$  signaling and a transient loss of actin stress fibers in cultured human fibroblasts. The loss of actin stress fibers was visualized as a reduction in the relative area of parallel F-actin fibers stained by phalloidin [16]. The cytoskeleton changes peaked at 5 min after agonist-exposure or several minutes after the peak increase in cytosolic  $\text{Ca}^{2+}$  (Fig. 1D and E). Although the cytoskeleton was rebuilt within 15–30 min after agonist exposure, the actin bundles were less organized in parallel bundles demonstrating a long-lasting effect of purine stimulation (Fig. 1D). Additional observations suggest that purine receptor-induced  $\text{Ca}^{2+}$  increases are required for remodeling of the actin cytoskeleton, since pretreatment with CPA suppressed both receptor-mediated  $\text{Ca}^{2+}$  increases and cytoskeletal remodeling (Fig. 2A–C).  $\text{Ca}^{2+}$  increases in themselves were, however, not sufficient to trigger cytoskeleton remodeling. Exposure to the  $\text{Ca}^{2+}$  ionophore, ionomycin failed to evoke changes in the actin organization changes despite evoking robust increases in  $\text{Ca}^{2+}$  (Fig. 2D–F). Combined, these observations provide new critical insight into the mechanisms by which fibroblast respond to purine signaling and potentially extend prior analysis on how tissue remodeling may contribute to acupuncture induced suppression of chronic pain.

Earlier studies have shown that rotation of an inserted acupuncture needle stretches nearby connective tissue by pulling collagen fibers from the periphery toward the needle [23]. Both acupuncture needle rotation and simple tissue stretching cause fibroblasts to increase their cross-sectional area, as their cell bodies expand and spread out [10,21,24]. Tissue stretching is associated with a transient increase in tissue tension, but the viscoelastic properties of the tissue return to pre-stretching level within minutes, which occurs in parallel with active remodeling of the cytoskeleton of fibroblasts [25]. Tissue tension is likely sensed by fibroblast by their adhesion to collagen fibers [26]. Interestingly, pre-treatment with rho kinase inhibitors [27] or colchicine (inhibitor of microtubule polymerization) is linked to a 60–80% greater resting tissue tension after tissue stretching and prevents the expansion of fibroblasts [25]. These observations suggest that the remodeling of fibroblast in response to mechanical stimulation dampens the increase in tissue tension induced by tissue stretch and thereby is important for maintaining stable viscoelastic properties of the tissue [28]. Thus, the cytoskeleton of fibroblast plays an important role in dynamic tissue remodeling.

Is it possible that purinergic receptors are key players in the dynamic remodeling of the actin cytoskeleton of fibroblasts induced by mechanical stimulation? An extensive literature indicates that mechanical stimulation of fibroblast and other cell types is linked to ATP release [3]. Mechanosensitive channels open in response to physical stimulation of the plasma membrane resulting in release of cytosolic ATP [29]. HPLC measurement of microdialysis samples collected during acupuncture shows that purines are released in large quantities in both human volunteers and mice receiving manual acupuncture treatment [1,4]. Thus, fibroblasts located close to the location of needle stimulation are not only exposed to the changes in tissue tension induced by needle rotations, but also to ATP [19]. Our current findings suggest that activation of purinergic receptors will in turn trigger a transient disassembly of polymerized actin (Fig. 2H). In cultured fibroblasts grown on a two-dimensional substrate, this actin depolymerization is manifested as a decrease in stress fibers without a marked change in the shape of the cell. In three-dimensional whole tissue, the same



**Fig. 2.** Increase in cytosolic  $\text{Ca}^{2+}$  is required, but not sufficient for purine-induced cytoskeletal reorganization. (A)  $\text{Ca}^{2+}$  increase by ATP (100  $\mu\text{M}$ ) is completely blocked by a pretreatment of CPA (20  $\mu\text{M}$ ).  $N=6$ ,  $p=0.35$ ,  $t$  test between CPA and CPA + ATP. (B) The presence of CPA (20  $\mu\text{M}$ ) blocks F-actin (red) disassembly by ATP. Scale bars, 30  $\mu\text{m}$ . (C) A summary histogram of actin disassembly at 10 min after vehicle or ATP (100  $\mu\text{M}$ ) application in the presence of CPA (20  $\mu\text{M}$ ).  $N=6$ ,  $p>0.1$ ,  $t$  tests. (D)  $\text{Ca}^{2+}$  increases by A-23187 (0, 0.01, 0.1, and 1  $\mu\text{M}$ ).  $N=6$ ,  $p<0.001$ , ANOVA. (E) A  $\text{Ca}^{2+}$  ionophore A-23187 failed to induce F-actin (red) disassembly. Scale bars, 30  $\mu\text{m}$ . (F) A summary histogram of F-actin disassembly at 10 min after application of A-23187 (0, 0.01, 0.1, and 1  $\mu\text{M}$ ).  $N=11$ ,  $p>0.5$ , ANOVA. (G) A summary histogram of F-actin disassembly at 10 min after application of CCPA (10  $\mu\text{M}$ ).  $N=7-8$ ,  $p>0.05$ ,  $t$  tests compared to vehicle. (H) Proposed model. Fibroblast cells in situ are attached to collagen fibers of extracellular matrix. Increase of mechanical tension by tissue stretch causes ATP release, which in autocrine fashion activates own purinergic receptors. Purinergic activation triggers  $\text{Ca}^{2+}$  signaling and disassembly of polymerized actin. This transient disassembly enables the cells to undergo longer lasting morphological remodeling.

mechanism of purinergic signaling and actin bundle depolymerization would not be expected to cause a decrease in fibroblast stress fibers (because visible stress fibers are not present under these conditions) but could, nevertheless contribute to the rapid cytoskeletal remodeling and cell body expansion induced by tissue stretch.

An important remaining question is whether purine receptor-mediated remodeling of fibroblasts contribute to long-lasting pain relief following acupuncture. It has long been known that scar tissue is a common cause of chronic pain [30,31]. Novel lines of work also suggest that connective tissue may become thicker and less compliant in patients with chronic pain, possibly as a result of chronic inflammation and fibrosis [32–34]. We propose that acupuncture-induced purine signaling triggers fibroblast cytoskeletal remodeling that counteracts fibrosis. In addition, adenosine has several anti-inflammatory actions that may contribute to the long-term reduction of chronic pain following acupuncture [35,36].

Earlier studies have shown that the elastic property of connective tissue is a function of not only the extracellular matrix, but also of cellular actin and microtubuli cytoskeleton [25]. Fibroblasts

respond to mechanical stress by cytoskeletal remodeling that contribute to adjusting the tissue viscoelastic properties to pre-existing levels [25]. Our observations reported here suggest that purinergic signaling via increases in cytosolic  $\text{Ca}^{2+}$  may contribute to such dynamic changes of the actin cytoskeleton. Thus, purinergic signaling may potentially play a role in connective tissue remodeling and thereby in the long-term benefits of acupuncture or physical therapy involving mechanical manipulation of connective tissue.

#### Conflict of interest

Authors declare no conflicts of interest.

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